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NEWS WORTH SHARING.

Heli-skiers are seen in the South Chilcotins. A B.C. judge has found that Adrian Coe, a "ski buddy" of Mark Kennedy's in 2009 on a backcountry tour, cannot be held responsible for Kennedy's death. COURTESY TYLER MEADE

'Ski buddy' cleared in backcountry death

Lawsuit. Judge rules British tourist can't be held liable for Colorado man's heli-skiing accident in B.C.

Skiers aren't responsible for tragic accidents that befall their buddies on inherently risky backcountry tours, a B.C. Supreme Court judge ruled Monday in a precedent-setting case after a widow sued her husband's "ski buddy" for letting him out of sight.

Colorado resident Elizabeth Kennedy filed the lawsuit after her husband Mark, an avid skier and lawyer, died from a fall into a tree well on a heli-skiing trip with Mike Wiegele Helicopter Skiing near Blue River, B.C., in January 2009.

She claimed that British tourist Adrian Coe, an experienced skier who had been assigned as her husband's ski buddy before his fatal fall, was responsible for the death because he didn't stay close enough and therefore delayed rescue attempts. She argued the ski-buddy partnership was a contract with a duty of care.

But the judge dismissed her claims, setting a precedent for backcountry users and protecting the buddy system across Canada.

"It is indeed very sad that Mr. Kennedy met a tragic and untimely death, but he did so after a terrible accident while participating in a high-risk sport and responsibility for his death cannot be placed on Mr. Coe," Justice Barbara Fisher wrote in her judgment.

Placing legal responsibility on Coe could discourage skiers from agreeing to be ski buddies for fear of repercussions and decrease safety in the mountains, according to the judgment.

Besides, Mark Kennedy paid for the activity, signed a contract waiving liability, participated in safety briefings and knew the buddy system was flexible based on terrain, Fisher wrote.

He and Coe didn't know each other, but they skied near each other in the trees as instructed by guides. They split, as expected, in open territory where the accident occurred. The judge concluded such a relationship does not yield a duty of care or a contract.

Coe alerted the guide as soon as he realized Kennedy was missing. Sadly, Kennedy died within the 15 minutes it took to find him.

Backcountry skiers and tour operators worried their trips could become more dangerous if Coe was found liable, said Coe's lawyer Jessica Forman of Lawson Lundell LLP.

"To impose liability on another guest or person could deter people from wanting to be ski buddies or be people who are looking out for each other in the future," she said.

Despite getting $9 million from her husband's estate after he died, according to Forman, Elizabeth Kennedy also sued Coe for damages for future earnings. Instead, she will have to foot the bill for Coe's costs for the lawsuit.

EMILY JACKSON/METRO

Say hello to Sochi

We've got everything you need to know about the Olympic host town

PAGES 22 & 23

Ukraine gives up some ground

The prime minister resigns and anti-protest laws are revoked amid ongoing protests PAGE 12

Bitcoin 101

Vancouver CoinFest is open to both avid bitcoin spenders and those new to the digital currency PAGE 8

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Gay councillor ready to face the world's press in Sochi

In the spotlight.
Tim Stevenson plans to engage with IOC about enshrining LGBTQ rights in its charter

KATE WEBB
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Vancouver's Deputy Mayor Tim Stevenson still remembers his first interview with the student press in 1979, when he became the president of Gay UBC.

"I was nervous as hell," he recalls with a chuckle.

"I was, I mean, 'It's going to be in the paper? Students are going to know me? What's going to happen?'"

Fast-forward to Tuesday morning — when he got out of bed at 6 a.m. to face a crush of TV cameras and reporters at YVR before beginning his long journey to Sochi, Russia — and you'd never know he was once wary of attention.

The councillor has now officially begun his city-funded mission to convince the International Olympic Committee (IOC) to enshrine gay rights in its charter, and to guarantee safe houses for LGBTQ athletes at all future Olympic Games.

The United Church minister's only companions on his 12-day journey will be former VANOC official Maureen Douglas, who is lesbian, and a well-worn Bible given to him by his granny.

The world's media has already caught wind of Stevenson's bold plan to engage the IOC, and he says he is ready to face them, regardless of the risk.

Russia brought in laws last year banning "gay propaganda," which civil-rights proponents fear equates to a prohibition on all public statements in support of LGBTQ rights and relationships.

But IOC president Thomas Bach announced earlier this week that athletes will be allowed to make political statements at press conferences. Stevenson assumes that assurance also applies to him, as a representative of the host city of the last Winter Olympics.

Deputy Mayor Tim Stevenson speaks to reporters at Vancouver International Airport on Tuesday, just hours before departing for the Sochi Olympics in Russia. KATE WEBB/METRO

He admits he has little experience with international press, but said his conviction gives him confidence.

"This is a new level, and I think that everything that has transpired before has helped me get ready for this," said the former NDP MLA and B.C. cabinet minister.

He is still waiting to confirm if he will be able to meet face-to-face with Bach, but has received a promising indication of interest from the president's office.

No charges after cyclist-driver fight that went viral

A photo of an altercation between a cyclist and a driver in downtown Vancouver on Friday. FACEBOOK

The cyclist wasn't in the designated bike lane, and the driver wasn't impressed.

So began the latest episode of bike-versus-car road rage in Vancouver, an altercation captured on video that escalated to blows when a bike courier was turning from Hornby onto Dunsmuir on Friday afternoon.

No charges will be laid in the incident, which sparked online debates after the cyclist's version of events was shared more than 430 times on Facebook.

The cyclist says it was an assault, whereas police have dubbed it a voluntary fight. The driver has not been identified so Metro couldn't contact him for comment.

Cyclist Edward Hoey says he was making a left turn when the driver allegedly attempted to drive into him, forcing him off the road. There was a verbal altercation, where the driver allegedly threatened Hoey by indicating he had martial-arts training.

At this point Hoey says the driver pulled his hand into the car, so Hoey grabbed some papers from the passenger seat and threw them on the sidewalk.

The video then shows the driver exiting his car and the subsequent altercation before bystanders pulled the driver off Hoey.

Police were called and drove Hoey to hospital for an injury to his arm and a cut, Sgt. Randy Fincham said. After speaking to the driver, the cyclist and witnesses, police don't believe a criminal offence took place regarding the alleged theft from the car or the alleged assault.

"At any point of time, either one of these individuals could have driven or ridden away," Fincham said. "At the end of the day, both of the men were provided some information on how to avoid this conflict in the future." EMILY JACKSON/METRO

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TransLink governance changes set to be unveiled

Tight-lipped. Minister Todd Stone would not reveal any details

KATE WEBB
kate.webb@metronews.ca

The transportation minister is expected to unveil proposed changes to TransLink's governance in the next few days — and insiders are suggesting they might make TransLink Mayors' Council meetings a whole lot more interesting.

Speaking to CKNW on Tuesday, Transportation Minister Todd Stone would not reveal any details, but Mayors' Council Chair Richard Walton has been in steady contact with him. He told Metro the mayors could be given final say on decisions that are currently made in secret by the appointed TransLink Board.

"What he may do is … place us in a situation where the (corporate) board continues to do a lot of their work but have the mayors' council approve, in public meetings, and discuss, more of their work than we do right now," he said.

That scenario lines up with what the president of the bus drivers' union said after meeting with Stone early Tuesday morning. CAW 111 president Nathan Woods said Stone told him the changes will address mayors' complaints that major decisions are made by unelected officials, but they won't be "revolutionary."

The mayors would ideally like the TransLink board to be entirely made up of elected officials, as it was before 2007, but Walton said he thinks that is unlikely to happen under the current government.

Follow Kate Webb on Twitter @MetroK8

B.C. Transportation Minister Todd Stone METRO FILE

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Third year in a row

B.C. receives 'A' for cutting red tape

B.C. was the only province to receive an "A" grade for cutting red tape for the third year in a row, according to a recently released report from The Canadian Federation of Independent Business.

Red tape refers to unnecessary government administrative processes and regulatory requirements.

"Red tape reform has a simple formula: Measure, report, repeat," Laura Jones, CFIB executive vice-president, said in a release. "You can't get where you're going if you don't know where you are.

"The British Columbia government has committed to doing this, and they are showing the rest of Canada how it is done."

SINDHU DHARMARAJAH/FOR METRO

Richmond

Woman escapes attempted abduction

A 59-year-old woman escaped an attempted abduction in Richmond on Tuesday morning.

The victim was walking eastbound in the 5600 block of Blundell Road towards No. 2 Road at about 6:45 a.m. when someone — believed to be a man — grabbed her from behind.

The suspect is approximately five-feet-seven-inches tall with a slim build and was wearing black clothing.

Anyone with information is asked to contact Richmond RCMP by email at Richmond_tips@rcmp-grc.gc.ca

SINDHU DHARMARAJAH/FOR METRO

Looking at the harm. UBC to become hub of gambling addiction research

The University of British Columbia is set to become a hotbed of gambling addiction research.

On Tuesday, the school announced Luke Clark, a psychologist at Cambridge who led the U.K.'s largest study of pathological gamblers, will be the inaugural director of its Centre of Gambling Research.

Clark, who has specialized in gambling addictions for a decade, said he was "thrilled" to join UBC.

"The objectives are to reduce the harms associated with gambling and affect policies to make treatment more effective," he said.

The province — which along with the B.C. Lottery Corporation is contributing $2 million to the centre — has come under fire for its response to gambling addiction.

Provincial Health Officer Dr. Perry Kendall reported late last year that although the province's revenue from gaming increased to $2.06 billion in 2012 (from $1.4 billion in 2002), it has spent just 0.4 per cent of that on problem-gambling treatment.

His report said there are 31,000 problem gamblers living in the province.

While the cultures may differ, Clark said there are broad similarities when it comes to problem gambling in the U.K. and B.C.

He hopes that by researching gamblers' brain activity, decision-making and neural and cognitive changes while playing, his team will be able to better understand and treat addicted patients.

MATT KIELTYKA/METRO

FVRD airs out incinerator grievances

Media campaign. Ads target Metro Vancouver residents

Feeling its protestations have fallen on deaf ears, the Fraser Valley Regional District has launched a media campaign to oppose garbage incineration in Metro Vancouver.

The district — as part of its Don't Pollute Us campaign — produced billboards, TV commercials and social-media materials asking their neighbours to voice opposition to the region's plans to bring in a new garbage incinerator by 2018.

Chilliwack mayor and FVRD chair Sharon Gaetz has been outspoken about Metro Vancouver's plan, saying the pollution caused by increased incineration will deteriorate Fraser Valley residents' air quality and health.

But to date, Gaetz says Metro Vancouver has only been willing to have political discussions "behind closed doors."

"Metro Vancouver is not being a good neighbour," said Gaetz. "We haven't been successful consulting with them so we started a campaign."

The ads feature children playing sports with surgical masks and pleads with Metro Vancouver residents to voice opposition to an incinerator in the region.

Gaetz said Fraser Valley residents are more knowledgable and sensitive to the plans because of its fragile airshed.

"The Fraser Valley is the bread basket of B.C., everything grown here is what (Metro Vancouver residents) have to eat," she said. THE CANADIAN PRESS

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An advertisement from an anti-incinerator campaign launched by the Fraser Valley Regional District. CONTRIBUTED

Defamation. Reporter sues ex-Olympic CEO Furlong

The freelance journalist who wrote an article containing allegations that John Furlong abused students while teaching in northern B.C. is now suing the former Vancouver Olympic CEO for defamation.

Laura Robinson has filed a notice of claim, alleging Furlong defamed her in a series of comments to the media in the past year and a half, in which he cast himself as the target of a vindictive activist.

Furlong responded with a written statement that said he looked forward to confronting Robinson in court.

Robinson's article, which was published in the Georgia Straight newspaper in September 2012, quoted several people who claimed they were physically and verbally abused while Furlong was a teacher in the late 1960s and early 1970s.

Furlong then held a news conference in Vancouver denying the allegations and accusing Robinson of waging a campaign to destroy his reputation. He has repeated similar comments in subsequent written statements and media interviews, including a week-long media blitz last October.

Robinson's notice of claim cites six instances when, she alleges, Furlong made false and defamatory comments. They include saying she displayed a "shocking lack of diligence" and that the Georgia Straight didn't contact him before running the story, and accusing Robinson of a "historic pattern of inaccuracy."

"(The comments were) deliberately calculated by the defendants to expose the plaintiff to contempt, ridicule and hatred, and to cause other persons to shun or avoid the plaintiff, and to lower the plaintiff's reputation in the eyes of right-thinking members of the community, all of which has in fact occurred," read the statement of claim.

While Robinson's story did not deal with allegations of sexual abuse, three people later filed separate lawsuits alleging Furlong sexually abused them. Furlong has denied all of the allegations in those lawsuits.

THE CANADIAN PRESS

Surrey RCMP

Charges laid after 2 officers injured

Charges have been laid against a 47-year-old driver following a bizarre collision that injured two Surrey RCMP officers on Monday. RCMP responded to a collision outside their Newton district office. A man travelling through the parking lot allegedly hit a parked police car that then hit another police car. An officer was pinned between the cars and another was injured inside the first car.

James Burton Weaver has been charged with two counts of criminal negligence causing bodily harm.

SINDHU DHARMARAJAH/FOR METRO

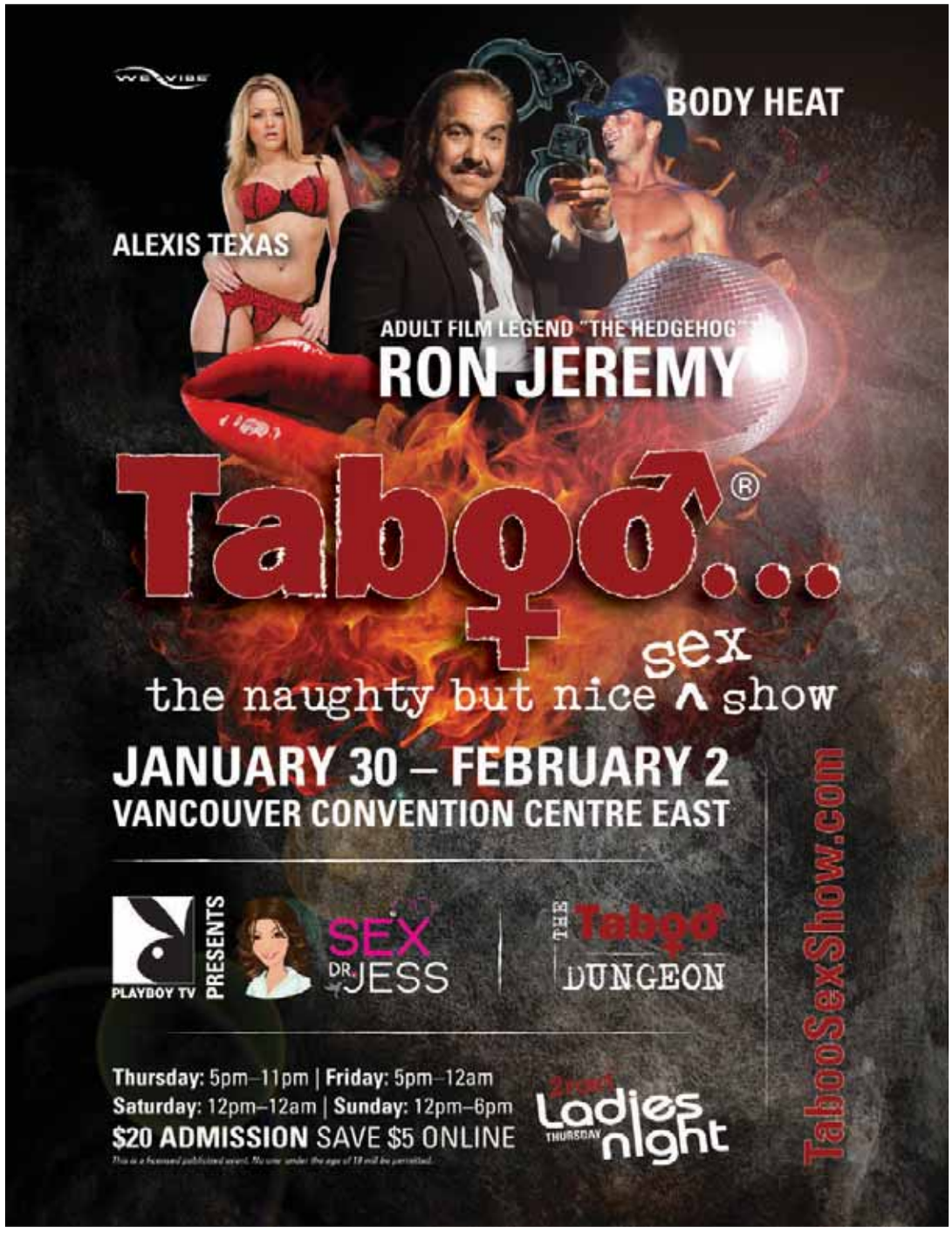
Report:

B.C. broke law in delaying benefit

The province routinely missed deadlines for providing benefits to some of the its most vulnerable people, the ombudsperson has concluded. Kim Carter's report says more than 900 people lost benefits they were entitled to because the province couldn't hit legislated time targets of 20 business days.

Carter says the delays started in 2009 and resulted in the Social Development and Social Innovation Ministry paying clients $350,000 in entitled benefits.

THE CANADIAN PRESS



Cities' Super Bowl bet has B.C. connection

I see your Seahawk and raise you a Bronco. Wager between Denver, Seattle art museums includes raven mask from Nuxalk First Nation

In a twist on the traditional jersey wager, a pair of art museums in Seattle and Denver have agreed to bet pieces of their collection should their team win the upcoming Super Bowl.

And in the case of the Seattle Art Museum, the wagered piece has a B.C. connection.

If the Denver Broncos triumph over the Seattle Seahawks on Sunday, the gallery will be shipping a raven mask from the Nuxalk First Nation — located near Bella Coola on B.C.'s central coast — to Denver.

"We know that the Seahawks logo is based loosely on Northwest Coast Native American design," museum director Kim Rorschach told Seattle broadcaster KPLU.

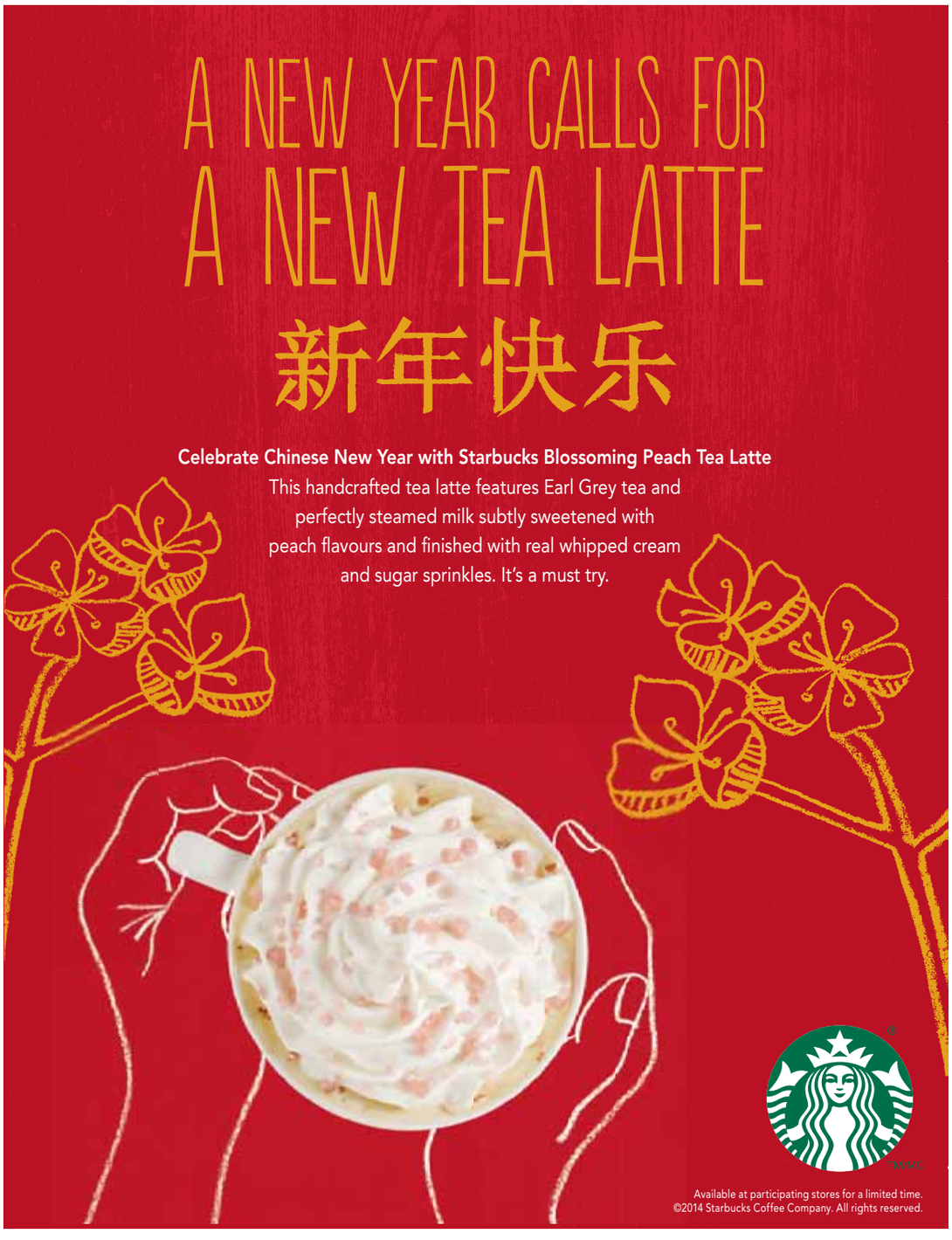
"It just seemed natural to choose one of our great works that is of a bird and reminiscent of that logo."

According to the museum, the mask was carved around 1880 and belonged to "a high-ranking man or woman who was a member of the ... society of chiefs."

The Denver Art Museum has wagered a bronze cast of the famous 1895 Bronco Buster sculpture.

LUKE SIMCOE/METRO IN VICTORIA

A Seattle art museum has wagered a B.C. First Nations mask, left, in a Super Bowl bet with a gallery in Denver. TWITTER/SEATTLE ART MUSEUM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72 hours of freedom. Man serving life for 4 murders allowed overnight passes

A man who killed four people, including an RCMP officer, in a "spasm of deliberate violence" in the Vancouver area more than three decades ago will be allowed to leave prison for up to 72 hours each month, the National Parole Board has ruled.

Steven Leclair was 34 when he shot and killed three people in a Vancouver bar in September 1980. He then hijacked a car and headed to an RCMP detachment in nearby Richmond, where he killed one officer and wounded another.

Leclair, who is now 67, was convicted of four counts of first-degree murder and is serving a life sentence. Last year, the National Parole Board granted Leclair two eight-hour day passes to visit his wife.

He recently asked the board to expand those passes to allow him to stay with his wife overnight somewhere in the Lower Mainland.

The board released a decision Tuesday saying Leclair will be permitted two overnight passes each month — one for 48 hours and another for 24 hours. He will be allowed to visit his wife's house, as well as places such as restaurants, movie theatres and his wife's church.

While the board's decision says Leclair presents a "high risk to re-offend violently," it also notes there have been no issues with his unescorted day passes since they were granted almost a year ago. Before that, he was allowed escorted trips and those, too, happened without incident, the board says.

The decision says Leclair has a stable and positive relationship with his wife, has the support of his church, and has not seriously acted out violently while in prison.

"The board is to address the matter of risk, and whether your risk can safely be managed in the community," which was dated Jan. 14.

"These special conditions are reasonable and necessary to protect society and to assist with your reintegration as a law-abiding citizen."

THE CANADIAN PRESS

Education

Premier: B.C. likely to appeal $2M ruling

Premier Christy Clark says the government will likely appeal a B.C. Supreme Court ruling that fined the province $2 million and struck down legislation around class size and composition — for the second time.

Clark says the government's priority is to make sure the education system is working for students and the court decision doesn't reflect that priority.

THE CANADIAN PRESS

Kamloops

Parents schooled on social media consequences

The auditorium of a Kamloops secondary school was filled to capacity Monday night as anxious parents received a crash course in social media and how its misuse could change the lives of their teenagers.

Mounties and the Kamloops-Thompson School District called the meeting after an investigation was launched earlier this month into several students accused of sharing inappropriate material online.

THE CANADIAN PRESS

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Festival will help you finally understand what a bitcoin is

Vancouver CoinFest 2014. Cryptocurrency gathering welcomes interested, confused

SINDHU DHARMARAJAH
vancouver@metronews.ca

With the Bitcoin phenomenon cashing in worldwide, a festival on how the digital currency works is coming to Vancouver next month.

Bitcoin was introduced in 2009 as electronic currency that could be sent from one person to another without third-party involvement.

Mike Yeung, founder of the Bitcoin club at SFU and one of the organizers of Vancouver CoinFest 2014, said the Feb. 15 event would be a fun social event for both avid Bitcoin users and anyone who is curious about the cryptocurrency.

"Going to this will expose them to regular people like myself that can explain how it works to them in a way they can understand," he said. "And they can see how Bitcoin is used for everyday items. It'll make it more relevant to the average person."

Bitcoin festival attendees can enjoy a wide array of events. The main event, the mining and hardware demonstration, will be at Waves Coffee on Howe and Smithe streets, where the world's first Bitcoin ATM is located.

An art and trade show will be held at media hall (250 Smithe St.), with paintings and figurines available for purchase with bitcoins. Attendees can account for his or her appetite with the game room event at Indian Gate restaurant.

All of the events will be free of charge and walking distance from each other. Attendees are asked to purchase at least one item at the festival to encourage more retailers to implement bitcoins.

Embracing Bitcoin

"Going to this will expose them to regular people like myself that can explain how it works ..."
Mike Yeung, SFU Bitcoin club founder

Interested?

For more information, visit: meetup.com/bitcoinvan/events/

- On Feb. 16, the SFU Bitcoin club is hosting a conference at the Segal Building.

The world's first Bitcoin ATM machine located at Waves Coffee on Howe and Smithe streets. SINDHU DHARMARAJAH/METRO

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Canada ready for a fight with U.S. in food dispute

Labelling. Agriculture minister makes last-ditch attempt to make American lawmakers change rules, says he'll return case to WTO

Canada's agriculture minister says he's hoping to avoid an all-out trade war with the U.S over food labelling. But Gerry Ritz warns that, if there is a war, he's prepared to fight it.

Ritz has launched a last-minute appeal to American lawmakers to change U.S. food labelling rules through a farm bill that could come to a first vote as early as Wednesday.

"I'm hoping that cooler minds will prevail, that the pressure that the American industry is bringing to bear in the next day or two will cause some legislators to step back," said Ritz.

Canada has long complained that the so-called Country of Origin Labelling provisions adopted by the U.S. government in 2008 hurt meat industries on both sides of the border.

Hopes for a settlement of the dispute were dashed Monday when U.S. lawmakers reached a deal that did not include changes to the labelling requirements.

Failing any last-minute amendments, Ritz says Canada will return the dispute to the World Trade Organization, with arguments in the case expected to begin Feb. 18.

"That's a good thing," said Ritz. "It starts to move it ahead."

If the WTO rules in Canada's favour, tariffs could be imposed by early 2015 on U.S. exports of everything from beef and pork products to grains and fresh fruits.

But that should only be used as a "last resort" measure because tariffs would be costly both to businesses and consumers, warned Lyle Stewart, Saskatchewan's agriculture minister.

"It's not the ideal situation, but it's about the only weapon if everything else fails," Stewart said at the provincial legislature.

THE CANADIAN PRESS

Muslim group demands PM apologize for 'smear'

National Council of Canadian Muslims (NCCM) executive director Ihsaan Gardee speaks during a press conference with NGO representatives and community leaders on Parliament Hill in Ottawa on Tuesday. NCCM is demanding an apology from Prime Minister Stephen Harper and his chief spokesman for a comment it says linked the organization to a terrorist group. SEAN KILPATRICK/THE CANADIAN PRESS

L'Isle-Verte

Death toll raised in seniors' home fire

Quebec provincial police said Tuesday that 17 are confirmed dead and 15 remain missing after the blaze that ravaged Résidence du Havre in L'Isle-Verte last Thursday. THE CANADIAN PRESS

Veterans Affairs

Ex-soldiers protest office closures

A group of ex-soldiers was rebuffed Tuesday by Stephen Harper, who played down the impact of impending Veterans Affairs regional office closures. THE CANADIAN PRESS

Pipeline blast

The heat's back on for Manitobans

Natural gas was back again Tuesday in Manitoba communities left without heat following a pipeline explosion. THE CANADIAN PRESS

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Ukraine PM resigns, parliament overturns harsh anti-protest laws

PM-less. Yanukovych offered the position to opposition leader Arseniy Yatsenyuk, but he refused the post

In back-to-back moves aimed at defusing Ukraine's political crisis, the prime minister resigned Tuesday and parliament repealed anti-protest laws that had set off violent clashes between protesters and police.

The two developments were significant concessions to the anti-government protesters who have fought sporadically with police for the last 10 days after two months of peaceful around-the-clock demonstrations. The protests erupted after President Viktor Yanukovych decided to turn toward Russia for a bailout loan instead of signing a deal with the European Union, but have since morphed into a general plea for more human rights, less corruption and more democracy in this nation of 45 million.

The departure of Prime Minister Mykola Azarov removes one of the officials most disliked by the opposition forces whose protests have turned parts of Kyiv, the Ukrainian capital, into a barricaded maze.

However, Azarov's spokesman told the Interfax news agency that deputy Prime Minister Serhiy Arbuzov will assume temporary leadership of the Cabinet in the meantime. Such a move is unlikely to please the opposition, as Arbuzov is widely viewed as just another staunch ally of Yanukovych.

Other key issues remain unresolved in Ukraine's political crisis, including the opposition's repeated demands for Yanukovych to resign and for a new election to be held.

Azarov's resignation came just before the opening of a special parliament session that repealed anti-protest laws that had set off violent clashes between protesters and police.

Yanukovych earlier this month had pushed through new laws to crack down on protests and raise prison sentences for creating disorder. The laws also prohibited people from wearing helmets and gas masks, which many have done for fear that riot police would try to violently disperse protests. THE ASSOCIATED PRESS

Quoted

"We have repealed all the laws against which the whole country rose up."

Arseniy Yatsenyuk, Ukrainian lawmaker and a key figure in the opposition

Riot police warm themselves by a bonfire near the Ukrainian parliament in Kyiv on Tuesday.

SERGEI CHUZAVKOV/THE ASSOCIATED PRESS

Unwelcome

Canada's reaction

Senior Ukrainian officials will be barred from Canada as a response to the continuing crackdown on protests in that country, Immigration Minister Chris Alexander said Tuesday. "We will restrict entry to Canada for key Ukrainian government officials that have been responsible for the repression and silencing of opposition voices," he said. Foreign Affairs Minister John Baird said it's a symbolic effort, but sends a disapproving message to the government in Ukraine.

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Obama focuses on economic security

State of the Union address. President flexes his power with executive actions

Vowing to act "whenever and wherever" he can, U.S. President Barack Obama unveiled an array of executive actions in his State of the Union address Tuesday night aimed at bolstering economic security for millions of Americans.

His directives, mostly modest in scope, include increasing wages for some new workers on government contracts, making it easier for lower-income people to save for retirement and providing new incentives to use natural gas.

In a sign of his troubled relationship with the divided Congress, Obama's separate proposals for action by lawmakers were slim and largely focused on old ideas that have gained little traction over the past year. He pressed Congress to revive a stalled immigration overhaul and pass an across-the-board increase in the federal minimum wage. His one new legislation proposal calls for expanding an income tax credit for workers without children.

He touched only briefly on foreign policy, touting the drawdown of American troops from Afghanistan this year and reiterating his threat to veto any new sanctions Congress levies on Iran while nuclear negotiations with the Islamic republic are underway. THE ASSOCIATED PRESS

U.S. President Barack Obama delivers the State of the Union address in Washington, D.C. on Tuesday. ALEX WONG/GETTY IMAGES

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U.S. Air Force. Over 60 officers may have cheated on missile tests

The number of U.S. Air Force service members implicated in a scandal involving alleged cheating on tests of nuclear missile launch operations has roughly doubled from the 34 initially cited, officials said Tuesday.

The tests in question are designed to ensure proficiency by launch officers in handling "emergency war orders," which involve the classified processing of orders received through their chain of command to launch a missile.

It wasn't immediately clear whether the additional 30-plus airmen suspected of being involved in cheating on proficiency tests are alleged to have participated in the cheating directly or were involved indirectly. THE ASSOCIATED PRESS

Tennessee

Nun and activists ordered to pay back damages to nuclear weapons plant

A judge has ordered a nun and two other Catholic peace activists to pay full restitution of nearly $53,000 for damaging the primary U.S. storehouse for bomb-grade uranium.

The three were convicted of sabotage last year after they broke into the nuclear weapons plant in Oak Ridge, Tennessee and cut through fences, splattered blood and hammered on the wall of the plant.

The trio's sentencing hearing began Tuesday morning at U.S. District Court in Knoxville. THE ASSOCIATED PRESS

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Court finds Ireland failed to protect schoolgirl from abuse

European Court of Human Rights. Rules sexual abuse at hands of teacher could have been prevented by an effective government

Europe's top human rights court ruled Tuesday that Ireland's government failed in its duty to protect children in the case of a woman sexually abused by a lay teacher at a state-backed Roman Catholic school four decades ago.

The European Court of Human Rights' grand chamber ruled by 11 votes to six that Louise O'Keeffe's rights to be spared "inhuman and degrading treatment" and to an effective remedy were violated.

The Strasbourg, France-based court ordered the Irish government to pay O'Keeffe 30,000 euros ($40,950) in damages and 85,000 euros ($116,000) in costs — a result that could pave the way for claims against the Irish government by hundreds of people who were abused in schools.

O'Keeffe, 48, said she was abused by her teacher during lessons in his classroom when she was nine years old. She argued that the Irish state failed to put in place appropriate measures to stop "systematic abuse" at the Dunderrow National School in 1973.

O'Keeffe — who has already received damages from the offender — brought the case to the European court after the Irish Supreme Court ruled that the government was not legally liable for her abuse.

No complaints were made to a state authority about O'Keeffe's former teacher, Leo Hickey, until 1995, after he retired. In 1998, Hickey pleaded guilty and was sentenced to three years.

THE ASSOCIATED PRESS

Court ruling

The European court found that Ireland's system of detecting and reporting abuse was ineffective in the 1970s, allowing more than 400 incidents of abuse by Louise O'Keeffe's former principal and teacher, Leo Hickey, from the mid-1960s

- In its ruling, the court said if adequate action had been taken when the first complaints about him surfaced, O'Keeffe might not have been abused.

Portrait of the artist as a 7,000-year-old man

In this undated photo provided by the Spanish National Research Council (CSIC), a drawing depicts what a hunter-gatherer who lived in Europe some 7,000 years ago and had blue eyes and dark skin — a combination that has largely disappeared from the continent in the millennia since — might have looked like, according to scientists. The discovery, published in the journal Nature this week, was made by scientists from the United States, Europe and Australia who analyzed ancient DNA extracted from a male tooth found in a cave in northern Spain. CSIC/THE ASSOCIATED PRESS

Malala ceremony in Pakistan cancelled

A Pakistani university intending to hold a ceremony launching a book by a teenage activist shot by the Taliban called off the event over security concerns on Tuesday, government and university officials said.

Sarfraz Khan, director of the Area Study Center of the University of Peshawar, a city which has witnessed scores of gun and bomb attacks in recent years, said the ceremony was to launch Malala Yousafzai's book I Am Malala. But campus police told him to cancel the event due to safety concerns.

The move angered has organizers. Khadim Hussain, an official at the Bacha Khan Trust charity, which had planned the ceremony, accused the provincial government of influencing the university to call off the event for political reasons.

Malala is an advocate for education who spoke out against the Taliban. She was shot in the head in October 2012 on her way home from school.

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Recently released inmate Jamal Abu Muhsin shows his university degree, in the West Bank town of Tubas near Jenin, that he earned at an Israeli prison. He is among hundreds of Palestinians who spent their time in Israeli prisons pursuing an education. NASSER ISHTAYEH/THE ASSOCIATED PRESS

Jailed Palestinians secretly earn degrees in Israeli prisons

Uprising leader. Marwan Barghouti earned doctorate from an Egyptian university in 2010 while serving five life terms

Jamal Abu Muhsin was a first-year Palestinian university student when he was convicted of stabbing a 76-year-old Israeli man to death in 1991, in retaliation for the killings of five Palestinian stone-throwers by Israeli soldiers.

Recently released from prison, he's now beginning a new chapter of his life thanks to a pair of university degrees — all earned behind bars.

Abu Muhsin is among hundreds of Palestinians who have spent their time in Israeli prison pursuing higher education — a program that was supported by the Israeli prison system for two decades until it was cut in 2011 as part of a series of sanctions against prisoners. Since then, prisoners have secretly organized their own courses, with backing from universities in the West Bank and Gaza, Palestinian officials say.

University degree

"When I found myself in jail for life, I was faced with two options: either I make meaning for my life or waste my life and my mind behind bars."

Jamal Abu Muhsin, 42, a Palestinian who secretly completed a university degree while serving time in Israeli prison

Uprising leader Marwan Barghouti, the most famous Palestinian prisoner, teaches a master's degree course in Israel Studies. Abu Muhsin was one of Barghouti's students.

Abu Muhsin said studying helped him get through 23 years behind bars. He chose to study history, then languages and writing and finally sciences and economics before earning a bachelor's degree in political science via long-distance learning at the Hebrew University of Jerusalem. He later added a master's degree from the Palestinian Al-Quds University.

"I've studied materials about the Zionist movement from a Zionist perspective, but I found no discrimination against us as students. I would write papers to the university in which I would criticize the Zionist theory and they would accept my argument," he said. "I wanted to understand everything in life and to make my long life in jail meaningful. Otherwise my soul would have died."

Since Israel captured the West Bank, Gaza Strip and east Jerusalem in 1967, tens of thousands of Palestinians have been imprisoned for anti-Israeli actions, from stone-throwing to killings. Hundreds of the roughly 5,000 prisoners held by Israel today are believed to be pursuing degrees, according to prisoners' rights activist.

Abu Muhsin is among 104 of the longest-serving prisoners Israel is freeing under a U.S.-brokered package that relaunched peace talks last July.

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OK, Glass, order a pair of 'thin' frames in bright blue 'sky'

Blind as a bat? Google Glass has you covered, offering four frame styles of the wearable, web-connected gadget

The new Google Glass "Bold" prescription frames in shale colour are modelled at the Google Glass Basecamp space in New York Friday. THE ASSOCIATED PRESS

Google Glass is getting glasses.

The computerized, Internet-connected goggles don't actually come with lenses in their frame. Starting Tuesday, Google is offering an optional attachment for prescription lenses and new styles of detachable sunglasses.

The move comes as Google Inc. prepares to make Glass available to the general population later this year. Currently, Glass is available only to the tens of thousands of people who are testing and creating apps for it.

Glass is basically a small computer, with a camera and a display screen above the wearer's right eye. The device sits roughly at eyebrow level, higher than where eyeglasses would go.

The gadget itself is not changing with this announcement. Rather, the Mountain View, Calif., company is now offering four styles of frames for prescription lenses. It's also offering two new types of shades, in addition to the one previously available. The frames cost $225 US and the shades, $150 US. That's on top of the $1,500 US price of Glass.

Users can take the frames to any vision care provider for prescription lenses. Google says it is working with insurance provider Vision Service Plan to train eye-care providers around the U.S. on how to work with Glass. THE ASSOCIATED PRESS

My (mannequin) body's too bootylicious for ya, babe

The one-size-fits-all mannequin is getting a much-needed makeover. Stores are using more realistic versions of the usually tall, svelte, faceless mannequins in windows and aisles. David's Bridal mannequins soon will get thicker waists, saggier breasts and back fat to mimic a more realistic shape. America's largest bridal chain started changing its fit mannequins used to create gowns to reflect the average body. BEBETO MATTHEWS/THE ASSOCIATED PRESS

Not a slave to trends

BlackBerry jumps on FM radio ... 68 years after the CBC

BlackBerry has launched a new feature that it can boast even the latest iPhones don't have: FM radio.

The rollout of the new version of the BlackBerry 10 operating system, which the Waterloo-based company says includes hundreds of enhancements and new features, started Tuesday. THE CANADIAN PRESS

Lime mint toothpaste

This may just 'Be' the worst idea since New Coke

Mint chocolate toothpaste?

Procter & Gamble said it is launching a line of Crest toothpastes called "Be" featuring nontraditional flavours: Mint Chocolate Trek, Vanilla Mint Spark and Lime Spearmint Zest.

P&G's marketing director said the "Be" line was designed to "allow for an unexpected experience through flavours that offer personal expression." THE ASSOCIATED PRESS

Market Minute

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PEACE SYMBOL NEEDS BOLSTERING

JUST SAYIN'

Paul Sullivan
metronews.ca

The signs are everywhere.

For example, on Sunday, Pope Francis released two white doves of peace from his window at the Vatican, assisted by two extremely cute children.

It was a gesture of hope that the bloody protests in the Ukraine could be resolved.

Seconds after the doves were released, they were attacked by a big nasty crow and an even bigger, nastier seagull.

Well, you don't have to be Robert Langdon — Dan Brown's professor of religious symbology from Angels and Demons — to get the idea on that one, especially as the world's media gleefully featured a photo of the forces of darkness (crow) locked in a death struggle with faith and hope (snow white dove).

The dove got the worst of it.

It's a little harder to interpret the attack by the seagull, which is not known for its poetics.

"Big hungry bird breaks for lunch," perhaps.

Signs aside, there's a perfectly logical scientific explanation for the attack of the angry birds, according to National Geographic. White doves stand out in a crowd of otherwise grey pigeons; they can't hide, and predators single them out for attack.

Which is why those albino wildlife don't last long in nature, another potentially rich vein of overwrought symbology.

Meanwhile, the white dove, a pristine symbol of faith and hope, is just a pigeon of a different colour. It's just as feisty when it comes to fighting for that last scrap and it's known to eats bugs.

Hardly holy.

This is not the first time the Doves of the Vatican have been repelled. The doves of the previous pontiff, pope Benedict, were attacked by a seagull last year, and then turned around and tried to fly back into the window, crying "Sanctuary!" in dovish.

Maybe the popes should audition a slightly more robust avian symbol of peace and love. Like the bald eagle, a symbol of America's tough love for generations of banana republicans.

After all, St. Michael the Archangel has a sword for exactly this kind of thing. Some demon, who thinks he's a soft touch with all the long hair and gossamer wings, tries to knock him over — and bam!

Out comes the Sword of Righteousness and our demon is instantly sorry he ever heard of St. Michael the Archangel.

This is really Pope Francis' first PR miscalculation. He has already managed to atone for the sins of the papacy in his famous "Who am I to judge?" interview about gay people. You'd think he might have learned from his predecessor's feathered follies.

Or maybe this will inspire him to reach back into his Gospel and show mercy to his winged tormenters. "Let he who is without sin … stone the crows."

ZOOM

I'm not ashamed of the way I look

SERGEY KOKINSKIY/SOLENT NEWS

Molting penguin is a head-turner

Even in the animal kingdom, a unique dress sense is sure to catch the eye of an onlooker. Here, a king penguin stands out from the flock as it has not finished its molting process. Photographer Sergey Kokinskiy travelled to the remote island of South Georgia in the southern Atlantic Ocean to capture the penguin flock, which can sometimes number over 200,000.

Every year in the spring, king penguins molt in order to replace old feathers with new ones, a process that lasts three to four weeks. As they molt, their feathers lose their insulating and waterproofing properties, so during this time penguins stay away from the water until their plumage is fully restored. As they fast while molting, penguins can lose 44 per cent of their original weight. METRO

A foreigner on their land

"Penguins' individual features allow the fur to stay on parts of the body longer than others."

Sergey Kokinskiy, from Tula, Russia

"If you sit down and don't make any sudden movements, the penguins with come to you within five or 10 minutes. Some will try to bite you too – out of curiosity."

King of the islands

- **Location.** Sits 1,390 kilometres to the east of Falkland Islands. Administered by the British government.
- **Population.** Approximately 2.23 million pairs of king penguins, with numbers rising. No human residents.

Clickbait

LUKE SIMCOE
Metro Online

Much of the coverage of technology's darker side has focused on how they — governments, law enforcement, corporations — are using smartphones and computers to watch us. However, a smattering of intrepid developers are trying to turn the tables, building apps that empower us — either by letting us listen in or assist us during an arrest.

Police Scanner 5-0:

This free app lets you stream more than 2,500 police and fire feeds on your cellphone. Most of the available channels are American, but it includes some Canadian ones, too. Available for both Android and iOS.

I'm Getting Arrested:

In the event of an untimely arrest, this Android app lets you broadcast a pre-made message to your friends, family, legal counsel, etc. I want my phone call, indeed.

GETTY IMAGES

Letters

The VSB lost a golden opportunity to be a leader in what is to be presented to the government as consensus of content of wrongs against the Chinese in settlement of B.C.

Trustee Sophia Woo's notice of motion went to the board Monday night. The intent of placing the motion was to engage the broader community and universities in a task force charged with reaching a consensus on what should go into the curriculum.

The Vision majority on the VSB deflected the motion to an internal committee. This action restricts input to VSB partners and makes the board the final arbiter of what is to be included; far too introspective to garner attention of a government focused on wording of an apology.

I made it clear at the meeting that I and Woo will continue with the broader effort. This includes our involvement with the core team from the Chinese Cultural Centre. They are committed with us to having past unjust treatment in the curriculum in a context that covers wrongs and accomplishments of the Chinese diaspora in early B.C.

Trustee Ken Denike,
Vancouver Board of Education

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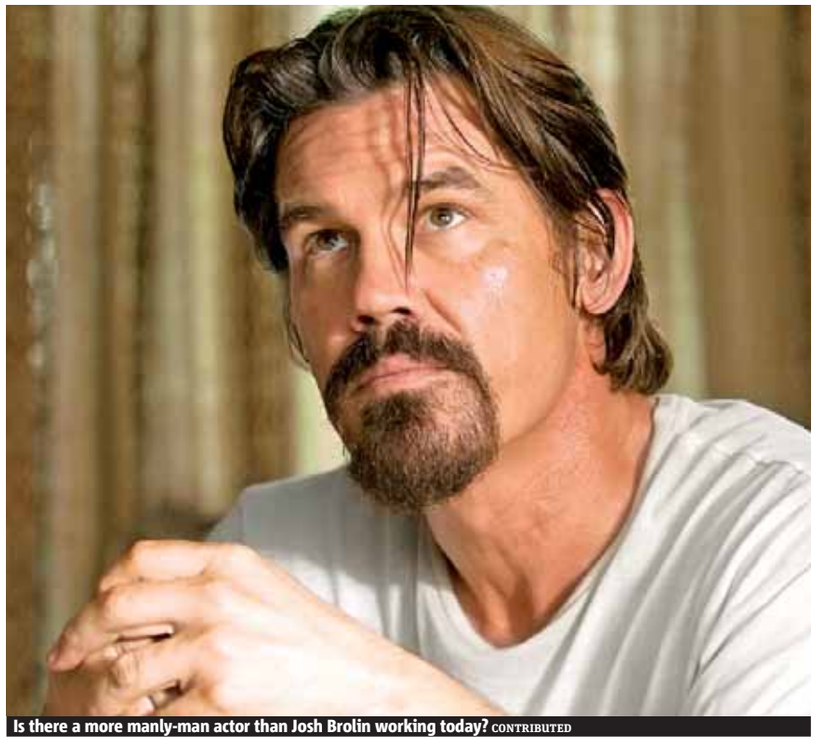
Need a troubled tough guy for your next film? Call Brolin

Labor Day. From crooks to cons, actor plays shady characters with aplomb

IN FOCUS
Richard Crouse
scene@metronews.ca



Is there a more manly-man actor than Josh Brolin working today? CONTRIBUTED

In my review for the recent remake of Oldboy I wrote of Josh Brolin, "there is no more manly-man actor in the mold of Lee Marvin or Lee Van Cleef working today."

I guess that shouldn't be a surprise given that he was named after the rough-and-tumble character Josh Randall, played by Steve McQueen in TV's Wanted: Dead or Alive.

In Oldboy he's so tough he's a practically indestructible force of nature; able to withstand physical punishment that would make Grigori Rasputin look like a wimp.

The tough guy angle is one Brolin plays in a number of films, including his latest Labor Day.

He plays an escaped convict who hides out in the home of a depressed, widowed agoraphobic, played by Kate Winslet.

Over the course of one long holiday weekend she learns of his dangerous past and before you can say the words Stockholm Syndrome has fallen for the ruggedly handsome stranger.

It's the kind of role that Brolin has mastered; the multi-layered tough guy. But according to him, he doesn't seek out those roles.

He says he wracks his "brain like crazy trying to figure out which films I wanted to be in."

Some of those films include No Country for Old Men and Jonah Hex.

In the Oscar-nominated No Country he plays down-on-his-luck Llewelyn Moss, who stumbles across the site of a drug deal gone wrong.

Bullet-ridden dead men litter the landscape along with several kilos of heroin and a suitcase stuffed with two million dollars in cash. When he makes off with the money his life and the lives of those around him are changed forever.

Jonah Hex didn't earn any Oscar nods, but did get some Razzie attention in the form of nominations for Worst Screen Couple for Brolin and co-star Megan Fox.

The story of a supernatural bounty hunter set on revenge against the man who killed his family is as disfigured as its main character's face, but Brolin brings his real-life swagger to the role and has fun with some of the tongue-in-what's-left-of-his-cheek lines.

One tough guy role got away from him, however. Online speculation had it that he would be cast as the Caped Crusader in the upcoming Batman vs. Superman.

Although he would have been perfect for the part he lost out to Ben Affleck. Contrary to his bruiser persona he was gracious in defeat. "I'm happy for Ben," he said.

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Justin Bieber MIAMI DADE COUNTY JAIL

Bring roses for the judge? Biebs will go a-courting on Valentine's Day

Justin Bieber has a Valentine's Day date with a South Florida judge on charges of DUI, resisting arrest and driving with an expired license.

A Miami-Dade County judge on Tuesday set a Feb. 14 arraignment date for the 19-year-old star. In an arraignment, prosecutors formally file charges and a plea is entered, although a defendant's lawyer can enter the plea in writing. Bieber might not be required to attend.

Bieber and R&B singer Khalil Amir Sharieff were arrested last week in Miami Beach during what police described as an illegal street drag race between a Lamborghini and a Ferrari. Neithe .Police say Bieber admitted to smoking marijuana, drinking and taking a prescription medication.

Meanwhile, a petition has been launched calling to have Bieber deported and his green card revoked. The petition has already garnered more than 50,000 signatures. **THE ASSOCIATED PRESS AND METRO WORLD NEWS**

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Will Madge sing with Miley?

MELINDA TAUB
Metro World News

I've been saying for some time now that the reason for Miley Cyrus' aggressive sexuality and sexy space alien look is that she's trying to be our generation's Madonna. However, I never expected that this would endear her to the original Madonna — the two are apparently planning a performance together.

Miley is working on an acoustic set for MTV's Unplugged. It seems like a good move for the Bangerz star: She's got the fame, now she needs the cred that comes from a vocal-driven, stripped-down set with no midgets to spank or foam fingers to hump. And according to E! Online, rumour has it the Material Girl herself will stop by to perform with Miley.

The two were reportedly spotted rehearsing together, but MTV hasn't confirmed Madonna's appearance.

Was Sienna the mystery woman heard on Daniel's voice mail?

A U.K. tabloid reporter who has pleaded guilty to phone hacking said Tuesday that he played the News of the World's editor a hacked voice mail left for actor Daniel Craig by actress Sienna Miller, with whom Craig was having an affair.

Dan Evans is a prosecution witness at the trial of his former boss, Andy Coulson, and six others, on charges related to wrongdoing at the now-shuttered Rupert Murdoch-owned tabloid.

Evans told the trial that in 2005 he eavesdropped on Craig's voice mails and heard a message from a woman saying: "Hi, it's me. Cannot speak. I'm at the Groucho (Club) with Jude. I love you."

The call came from Miller's number. The newspaper later ran a story alleging an affair between the actress — then involved with Jude Law — and future 007 Craig.

Evans said Coulson heard the recording, then told him how to cover his tracks by making a copy, putting it in a bag and taking it to the newspaper's reception so it would look like it had been dropped off anonymously.

Murdoch shut the tabloid News of the World in 2011 after details emerged of the scale of its snooping on celebrities, politicians and others in the public eye. **THE ASSOCIATED PRESS**

Daniel Craig GETTY IMAGES

Your Dine Out™ Debrief

Vancouver, BC

If you haven't had a chance to partake in Tourism Vancouver's Dine Out Vancouver™ Festival, you better put yourself in faster gear and make those reservations. There are only five days left to try out one of the 263 participating restaurants, and a few of those last events that are still to take place. This year is the biggest in the festival's history, which was started 12 years ago by the good folks at Tourism Vancouver with just 57 participating restaurants. Those juicy culinary events you've enjoyed (or look forward to enjoying) weren't added until 2010.

"Dine Out Vancouver™ Festival is Canada's largest celebration of eating and drinking, and it truly showcases the best that the city's culinary scene has to offer," said Lucas Pavan, festival coordinator since 2010. "It's a chance for everyone who loves food to create memories and stories and foster friendships across the dinner table."

And what's a festival without a prize? Diners are encouraged to enter the "Dine Out for a Year" contest by sharing their Dine Out™ stories. Posting photos and videos on Facebook, Twitter and Instagram, and tagging it with #MyDineOutStory, will get you an entry into the contest that has a grand prize of 52 restaurant gift certificates worth a total of $3,900. That's one mighty fine grand prize for anyone who loves to eat out in Vancouver. Forget the resolutions for a few more days and dine to your heart's content. Enter now and often.

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The beach at Nisbet Plantation is a great place for a morning walk or for reading on one of the resort's comfortable hammocks. JIM BYERS/METRO

Nevis: Sun and simplicity

Natural beauty. Looking for a laid-back escape? Check out this little Caribbean gem

JIM BYERS
@jimbyerstravel
jimbyerstravel.com

Old-time charm. Stunning beaches. And no high-rises.

They like to keep things simple on the Caribbean island of Nevis, where there's no American fast food and no casino but lots of natural beauty.

Here are four great ways to enjoy your stay.

Take a Peak

About 1,200 feet up the south slope of Mt. Nevis is an eco-friendly spot called Peak Heaven, where they'll show you how families used to cook their bread in communal ovens. You can get a massage on a deck overlooking a wide swath of green that rolls down to the sea and, on a clear day, spot the outline of Montserrat. Looking for something with some adrenaline? Ask one of the local guides to lead you roughly 2,000 feet higher up, taking a climb through thick jungle to the summit of Mt. Nevis. It's only $40 for a four-hour guided hike.

Get attacked by Killer Bees

Down at Sunshine's bar on Pinney's Beach, they make a wonderfully tasty concoction with rum and fruit punch called The Killer Bee. It's a gloriously ragged place that's been destroyed by hurricanes several times but keeps bouncing back. The bar is open to the elements and decorated in brilliant swatches of yellow, red, green and black. You'll find flags of Canada and Ireland and NFL teams hanging from the ceiling and photos of celebrities such as Beyoncé and Michael Douglas, as well as Wayne Gretzky. Sunshine's tells me Gretzky came down once with a couple hockey buddies, including Paul Coffey and Ray Bourque, and had a great old time.

Here comes the sun

There are tons of great spots to enjoy the sun and sand in Nevis. On the north end, Oaulie has a fun, casual bar, and there are great views over to the peaks of St. Kitts. The west side offers great sunsets, of course, as well as the fine, sugary sand beach at Pinney's. It's a small, nearly round island with not many roads, so it's hard to get lost if you rent a moped for the day and search for your own stretch of sand. Local companies offer snorkel and scuba trips and deep-sea fishing, and the offshore waters are a playground for whales in winter.

Ride with the people

The island is filled with folks who drive fancy van/taxis with fun names such as "I Am What I Am" and "Easy Vibez." They'll sometimes charge a hefty price for a fairly short ride, however. To save money, do what the locals do. Simply stand by the side of the road (you don't need a formal bus stop) and wait for one of the small, independent drivers with a green license plate to come by. Then simply ask if he or she is going your way and negotiate a price. You'll probably climb into a small van filled with local women with their kids or teenagers heading off to a party or to the beach, but you'll probably only pay a couple bucks and you can listen in on conversations about the weather or troubled relationships.

Sleeping around

Try Nisbet Plantation on the northeast corner of the island for great food and hospitality, spacious grounds and a nice beach.

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Welcome to Sochi

No doubt you have some questions about the Russian locale that will play host to the 2014 Winter Olympics. Here are a few details about the resort city dubbed the Russian Riviera.

THE ASSOCIATED PRESS

For visitors to the Winter Olympics, Sochi may feel like a landscape from a dream — familiar and strange at once. Palm trees evoke a tropical seaside resort, but the Black Sea itself is seriously cold; turn away from the palms and the jagged, snow-covered peaks of the Caucasus Mountains rise nearby. Lively and garish modern buildings mix with Stalin Gothic piles, like trophy wives on the arms of elderly men.

Billboards are written in an alphabet in which some letters sound exactly like you think they do, others mean something else and the rest are flat-out alien. What may seem oddest of all is the city's cheerful and relaxed aura in a country stereotyped as dour. Even a local statue of Vladimir Lenin catches the casual vibe. He's not haranguing the masses, just standing under some trees with one hand in his pocket as if he's killing time waiting for a date.

Will they understand me?

Volunteer staff at Olympics test events spoke excellent English and sometimes struck up conversations just to improve their skills (or show off). But outside the Olympic venues and large hotels, communication in languages other than Russian can be difficult. The Games' organizing committee recommends that mobile device users download a translation app. The Cyrillic alphabet isn't as hard as it may look, and spending a couple of hours to master it brings sizeable rewards. Russian has many loanwords from English, French and German, so being able to sound out words can make the place pop into better focus. For example, knowing that "teatp" is pronounced "teater," it's a reasonable and correct guess that it means "theatre."

Am I in Sochi?

Rather like New York City, Sochi is a sprawling municipality, incorporating four boroughs. Confusingly, one of the four is called Sochi. So it's possible to both be in Sochi and say "I'm going to Sochi." All the Olympic events take place in the Adler borough, though the snow sports venues are often referred to as being in specific settlements such as Krasnaya Polyana and Esto-Sadok. Sochi borough is more or less the Manhattan of the city, home to the best restaurants, coolest clubs and the main cultural institutions. The urban part of Adler also has attractive restaurants. But while its attractions are relatively cosmopolitan, and its coastline is 90 miles long (145 kilometres), Sochi is not a big city population-wise, with only about 350,000 inhabitants.

An aerial view of some of the Olympic buildings under construction in Sochi. GETTY IMAGES

The Caucasus Mountains rise above Sochi. ISTOCK

How's the weather?

Rain, snow, sun, fog, warmish, cold — a few days at the Olympics likely will include them all. On the coast, where the ice sports and opening and closing ceremonies take place, daytime temperatures should be around 50 F (10 C) and freezing is unlikely. In the mountains, temperatures generally don't get severely cold; at the lower elevations, where ski-jumping and sliding sports take place, the prospect of rain and above-freezing temperatures is a concern.

Both the Black Sea and Sochi's daytime temperatures should be around 10 C during the Games. THE ASSOCIATED PRESS

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Chowder leaves room for imagination

Weeknight meal. Loaded with seafood, this dish allows you to improvise ingredients without sacrificing any of the flavour

DINNER EXPRESS
Emily Richards
food@metronews.ca

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This chowder is quick enough to make for a weeknight meal or to keep in mind when entertaining on the weekend.

It has a creamy base to it but is not heavy because it uses milk instead of cream.

You can jazz the chowder up with additional flavours by adding diced tomatoes or other vegetables like peas and corn. Check out your pantry and get creative in the kitchen.

Tarragon is a licorice-flavoured fresh herb that shines through in this soup. Dried tarragon works just as well in a pinch. If tarragon isn't available, use Italian parsley for a fresh alternative.

Serve this soup with garlic bread and a green salad for a heart warming dinner that's perfect for a cold winter's night while keeping healthy in mind.

Ingredients

- 1 tbsp (15 ml) vegetable oil
- 1 shallot, chopped
- 2 cloves garlic, minced
- 2 stalks celery, thinly sliced
- 1 pkg (8 oz/227 g) mushrooms, thinly sliced
- 1 red pepper, diced
- 1 tbsp (15 ml) chopped fresh tarragon or 1 tsp (5 ml) dried
- 2 cups (500 ml) 2 % milk
- 2 cups (500 ml) sodium reduced chicken broth
- 6 oz (200 g) raw shrimp, peeled and deveined, chopped
- 6 oz (200 g) bay scallops
- 1 can (142 g) baby clams, drained and rinsed

This recipe makes six servings. EMILY RICHARDS

1. Heat oil in soup pot over medium high heat and cook shallot, garlic, celery, mushrooms, pepper and tarragon 10 mins or until liquid evaporates.

2. Add milk and broth and bring to a gentle boil.

3. Add shrimp, scallop and clams and simmer for about 5 mins or until scallops are opaque and firm.

Cooking tips

- Look for fresh seafood at your local grocer and use it the same day or by the next day. If you are purchasing frozen seafood, let it thaw overnight in the refrigerator.
- You can use salmon to replace either the shrimp or scallops. One salmon portion, which is usually about 5 oz (150 g), is the perfect amount for this soup.

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It's raining mentors!

Happy National Mentoring Month. The time is right to consider the qualities of a good mentoring relationship, and some strategies for finding a great advisor

SIDNEYEVE MATRIX
TalentEgg.ca

Your mentor is someone you can trust to provide sincere performance feedback, since they are invested in seeing you succeed. ISTOCK

It's a truism that having a mentor is important if you want to fast track your career.

An experienced advisor can steer you along a career trajectory, navigating around professional obstacles and raising your profile with senior executives.

Gaining the public endorsement of your mentor can go a long way toward building your professional credibility, especially if they are a recognized leader in the field. They can also assist you to better understand the industry.

Three qualities of great mentors

There is a long list of attributes to a successful mentoring relationship, but here are three of the most cited.

Accessibility
The right mentor can help you develop the skills for career success — and unlock a world of opportunity.

It may seem obvious, but a good mentor will consistently make time for you in their schedule. You'll get more out of a busy advisor if your meetings are structured with an agenda or at the very least, by a list of questions you come prepared with to productively guide the conversation.

Good listener
Your mentor must seek to understand who you are and what you need before jumping in with advice, knowledge and insights. Instead of delivering a lecture, the best mentors listen actively and ask the right questions — inspiring you to do the thinking.

Confidence builder
In the process of engaging with your mentor you should be developing greater self-awareness. Your mentor should help you to see and believe in your own potential, challenge and inspire you, and encourage you to reach for your highest goals.

Finding your career mentor

Many workplaces have formal mentoring programs, but there are many ways to find informal mentoring relationships on your own.

Go back to class
Register yourself in a professional development seminar to learn a new skill or upgrade existing ones — and in the processes connect with industry experts. For example: Canadian Marketing Association seminars, the Entrepreneurs' Organization, the Canadian Association of Women Executives.

Use social media
Find, follow, and reach out online to influencers on Twitter, Google+, LinkedIn and Quora — to build a personal learning network. And don't forget to join and contribute to LinkedIn Groups.

Fill up your events calendar
Research and plan to attend industry events, to learn what's new and connect with organizers and speakers as prospective mentors. Introduce yourself, business card in hand, and having done your homework and perfected your elevator speech.

And because, as Seth Godin rightly observed, "no one actually ever bought anything on an elevator" — craft your speech to begin professional relationships, not as a hard sell seeking to close a deal.

Found a mentor?

Great, now keep looking for another one.

- As IMD Business School professor Suzanne de Janasz advises, "more is better than fewer" when it comes to career advisors.
- "Even if you have the smartest mentor in the world in your back pocket," De Janasz warns, and even if they provide you with excellent mentoring advice and the performance feedback you crave, "one person does not know everything."

THIS ARTICLE IS EXCERPTED FROM MY PROFESSIONAL DEVELOPMENT COURSE IN PERSONAL BRANDING WITH SOCIAL MEDIA, OFFERED ONLINE AT QUEEN'S UNIVERSITY.

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SIDNEYEVE MATRIX
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Recently, Canadian Olympic athletes were surveyed by Mondelēz Canada about the best ways for spectators to cheer them on to a gold medal standing in Sochi.

Fully three-quarters of them said that "hearing their fans cheering and shouting" and seeing them "waving encouraging signs of support" is highly motivational.

Feedback matters, to athletes, to all of us.

Sometimes feedback isn't easy to come by. For Gen Y, a cohort accustomed to the instantaneity of social media feedback loops, it can be frustrating when your work performance isn't evaluated. If feedback expectations are unmet, employees are likely to feel unmotivated, isolated, and are more apt to jump ship.

We, like our awesome Olympians, deserve to hear cheers when we're doing great things. THE CANADIAN PRESS FILE

Thanks anyway: ignoring the wrong feedback

At other times we get feedback but fail to act on it.

This is especially common if the feedback feels like it's the wrong kind.

For example, we're unlikely to take feedback to heart when it seems contradictory. Likewise for many, praise and recognition, while nice to hear, are not what we most crave at work.

It turns out that six out of ten people prefer corrective feedback (such as suggestions for improvement) over positive feedback (such as congratulatory comments), according to Harvard Business Review.

Key attributes of efficient and usable feedback are frequency, clarity, and specificity, observes Jay Gilbert in the University of Western Ontario's Ivey Business Journal. But it takes time, and a lot of it, to provide that kind of personalized feedback.

As employers seek to create a culture of feedback and collaboration, more are adopting enterprise software systems to socialize employee reviews.

Helping staff get 360-degree peer-to-peer feedback — not once a year but continuously — is the idea.

It makes good business sense, because research shows that regular, low-stakes assessment is highly effective. That's because it allows the receiver to make incremental improvements and small adjustments. They are then less likely to become immobilized, defeated, and overwhelmed by a deluge of decontextualized feedback in an annual assessment.

Need to brainstorm on that business idea?

- If you have a new project or entrepreneurial endeavour and want to test it out and get some feedback on it, try Quora for general questions, and Kickstarter for both community feedback and funding support.

Social feedback

If you feel the need for more feedback on your creative work and ideas, turn to the social web.

A bit of web sleuthing is almost guaranteed to uncover a niche community where you can engage in commentary, ask questions, and practice social reciprocity by giving feedback while also receiving it. Some examples:

Graphic designers and photographers

Look to the Behance network or DeviantART (both have free/paid options) to showcase and discover design work and submit your creative work for critique by a global community. If you're a photographer, Flickr or 1X (free/paid) communities are good bets to receive professional feedback. All of these sites also do double duty by hosting online creative portfolios for a fee.

Writers and editors

Want feedback on your writing? Beyond fan fiction sites, visit ABCTales (free) or Critique Circle (paid), two large active communities where published and aspiring authors can share, discuss and develop their work.

Fashion designers and stylists

For fashionistas, try LookBook and Polyvore to get community feedback from other (established as well as up-and-coming) stylists, models, and designers.

And as a bonus, by becoming involved in a feedback community, online or off, you'll also expand your professional networks — and don't forget that volunteering is another way to garner feedback while giving back.

Don't be surprised if a quest for feedback ends up inspiring your next great idea and uncovers some collaborators to help make it happen.

THIS ARTICLE IS EXCERPTED FROM MY PROFESSIONAL DEVELOPMENT COURSE IN PERSONAL BRANDING WITH SOCIAL MEDIA, OFFERED ONLINE AT QUEEN'S UNIVERSITY.

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Snowboard cross

Injury puts Ricker repeat in doubt

Defending Olympic snowboard cross champion Maelle Ricker needs surgery after suffering a wrist injury Tuesday.

The West Vancouver native was injured during pre-Olympic training, putting her appearance at next month's Winter Games in Sochi in doubt.

Steven Hills, Canada Snowboard's executive director, couldn't say whether or not the injury was a break or a fracture.

THE CANADIAN PRESS

COC

Onus on Canadian Olympic athletes to 'maintain the gain'

The goal is the same, but it will be harder to achieve without the advantage of home ice and snow.

Winning more medals than any other country is Canada's objective at the Sochi Olympics, as it was four years ago in Vancouver.

Canada's 26 medals was good for third overall in 2010, but winning the gold-medal count with a record 14 raised the stakes for Sochi.

Canadians know their country can be the best in the world in winter sports. The pressure is on to at least "maintain the gain."

"We want to be a contender for the total medals championship and to be number one," Canadian Olympic Committee president Marcel Aubut said.

THE CANADIAN PRESS

Sherman turns on the charm for media

Super Bowl media day. Flamboyant Seahawk says loudmouth view is a 'big misconception'

Richard Sherman couldn't wait to start talking Tuesday.

No surprise there.

Even before his allotted hour began at Super Bowl media day, Seattle's polarizing cornerback started answering questions from a podium set up in the middle of a hockey arena in downtown Newark.

By the time the official clock started on the Seahawk's session, Sherman was already on No. 6.

"Whatever you got," he said, egging on reporters to ask anything they wanted.

For sure, Sherman presented a much different side than that angry 20-second rant after the NFC championship game, which sparked a national debate over sportsmanship and racial attitudes.

He was charming, funny and didn't raise his voice at all except to make sure he could be heard by the horde of media gathered around him, which was at least a dozen-deep at times. He went out of his way to praise his teammates. He had nothing but nice things to say about Sunday's opponent, the Denver Broncos.

But it never came across as some sort of mea culpa, as though Sherman had been coached by public-relations people on the best way to shore up his image. No, this seemed to be a guy simply taking advantage of the opportunity to show there's far more to him than what people saw after he tipped a pass to help clinch Seattle's victory over San Francisco, then went off on 49ers receiver Michael Crabtree in a brief interview while still on the field.

"People think I'm a loudmouth, an angry guy," Sherman said. "That's a big misconception."

THE ASSOCIATED PRESS

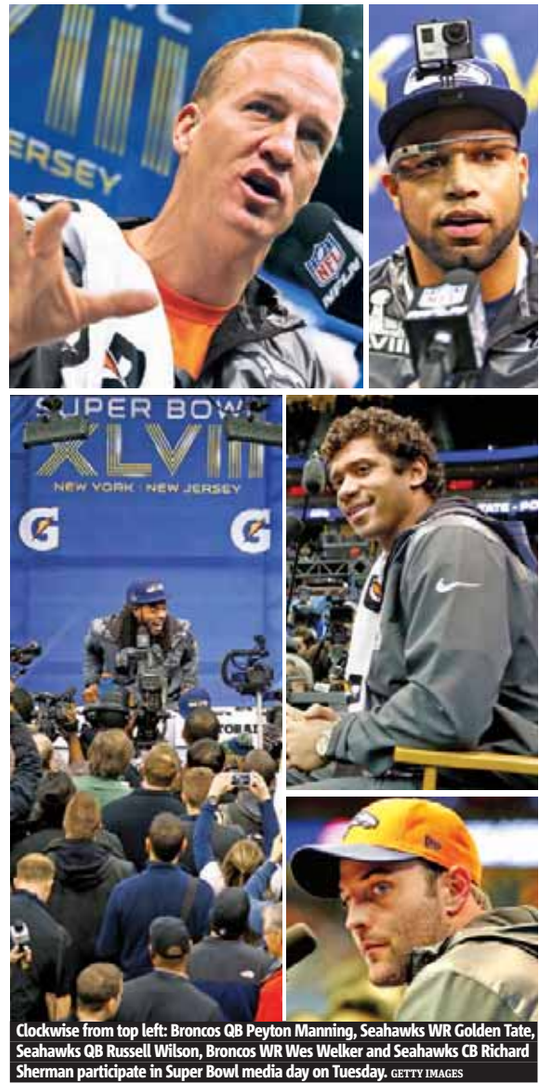
Repairing his image

"There was this picture of me, but no background information, and people passed judgment."

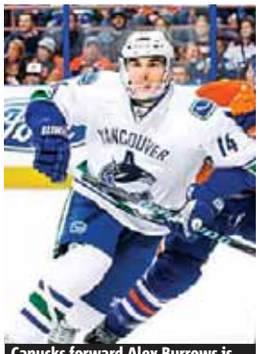
Seahawks cornerback Richard Sherman

Super Bowl notes

- **Tate 1000.** Seattle receiver Golden Tate showed up Tuesday wearing Google Glass and a camera on his hat. Tate said he was "really impressed" with the glasses.
- **Ballin' Bronco.** No one was glittering on media day more than Denver's Malik Jackson, who wore a diamond-encrusted grill across his lower teeth, which brought plenty of requests for photos
- **"I'm playing," says Percy.** Seahawks wide receiver Percy Harvin says he is "absolutely playing" in the Super Bowl on Sunday after a season filled with "frustrating" health issues.



Clockwise from top left: Broncos QB Peyton Manning, Seahawks WR Golden Tate, Seahawks QB Russell Wilson, Broncos WR Wes Welker and Seahawks CB Richard Sherman participate in Super Bowl media day on Tuesday. GETTY IMAGES



Canucks forward Alex Burrows is stuck on zero goals this season. GETTY IMAGES

Canuck Burrows keeps can-do attitude

With the stinging clang of the goalpost, Alex Burrows heard the continuation of his scoring drought.

The Vancouver Canucks would, a few minutes later, lose on home ice to the Western Conference-worst Edmonton Oilers, though not because of that one play, but many more before it.

The popular winger, his season twice disrupted by long-term injuries, has now gone 22 games without a goal. It's been a case of bad luck, opposing goalies making big saves, missing open nets, et cetera and so forth.

Meanwhile, Jordan Schroeder, returning to Vancouver's lineup after missing three months due to an ankle injury, scored twice on Monday thanks to a pair of fortunate deflections.

Burrows, who defied the odds by pushing his way out of the ECHL to Vancouver's top line, has been through this before. Recall the 2006-07 season, when he appeared in 81 games but had only three goals.

"I've been in this league long enough to know that you gotta keep working at it and keep shooting pucks and keep working hard and good things are going to happen," Burrows said.

Burrows is not alone when it comes to goal slumps, as the Canucks get set to host the Chicago Blackhawks, their rivals from the Central Division, at Rogers Arena on Wednesday.

Daniel Sedin has now gone 13 games without scoring, while Ryan Kesler has one goal in his last 10 games.

"It's hard to win unless your best players are your best players," said assistant coach Mike Sullivan.

CAM TUCKER/METRO

Trouble at the top

"We've got to find a way to get our top guys going here."

Canucks assistant coach Mike Sullivan

4 SPORTS

DRIVE 5

2014 Toyota Highlander

Review. Building on good engines and solid street cred with more style and room

MALCOLM GUNN
wheelbasemedia.com

If you're wondering why minivan sales have been in steady free-fall for the past few years, it's partially because of vehicles such as the Toyota Highlander.

When it arrived for the 2002 model year, the Indiana-built Highlander was one of the initial part-wagon, part-sport utility vehicle models on the market. This so-called "crossover" borrowed its platform and basic running gear from the Toyota Camry, but added available all-wheel-drive and an occasional-use third-row seat to the mix a couple of years later. By then, the Highlander had become one of the most popular Toyotas on the market.

If there was a knock against the Highlander, it was that the vehicle's anonymous styling actually made it difficult to identify, even up close. That has now been rectified with the installation of one of the Toyota family's distinctive trapezoid-style grilles that quite honestly looks better on certain models than others.

That also goes for the cabin that is significantly roomier, thanks to some clever repackaging and a 15-centimetre wider body. That translates into a 9.5-centimetre wider interior, which is enough to provide space for three people for the third row seat in what had previously been a two-person affair. The Highlander now seats up to eight passengers.

PHOTO: WHEELBASEMEDIA.COM

Third-row access has been enhanced since the second-row bench (or optional dual high-back bucket seats) offer 7.6 centimetres of fore and aft travel. Both second- and third-row benches are split 60:40 for maximum stowage versatility. However when in full use, the area behind the third row has been enlarged by 34 per cent. Loading the cargo area can be accomplished with either the liftgate raised or with the optional flip-up rear glass raised.

The rest of the interior has been appropriately dressed-up with added soft-touch material covering the instrument panel plus new premium fabrics and faux wood trim on up-level trims. Powertrain options carry over unaltered from 2013 and vary according to need and your desire to minimize fuel consumption. The starting point is a 185-horsepower 2.7-litre four-cylinder, while a 270-horsepower 3.5-litre V6 is optional. Each is connected to a six-speed automatic transmission.

The thriftiest of the bunch is the all-wheel-drive Highlander Hybrid that uses a 231-horsepower 3.5-litre V6 combined with front and rear electric motors to generate 280 combined horsepower. This option, which is mated to a continuously variable transmission, is rated at 6.6 l/100 km in the city and 7.3 on the highway, compared to 12.6/8.7 for AWD-V6 Highlanders. Toyota continues to maintain a three-trim strategy for the Highlander. Base front-wheel-drive models cover most of basics and include heated side mirrors and dual-zone climate control.

Base V6 versions add a backup camera, power rear liftgate, eight-way power driver's seat and a 15.5-centimetre touchscreen for communications and infotainment services.

The top-level V6 Limited is gussied up with tri-zone climate control, perforated leather-covered seats (heated in front) and an Premium JBL audio system/navigation combo. The Highlander Hybrid can also be had in three trim levels, with prices ranging from $45,000 for the Standard Package, up to $54,000 for the Limited.

Whichever model you choose, the latest Highlander adds more style, comfort and spaciousness, which are features that ultimately lead to a more satisfying experience for drivers and passengers.

Compare

1 Chevrolet Traverse
Base price: $35,000

2 Mitsubishi Outlander
Base price: $27,700

2014 Toyota Highlander

- **Type.** Four-door, front-/all-wheel-drive, eight-person wagon
- **Engines (hp).** 2.7-litre DOHC I4 (185); 3.5-litre DOHC V6 (270); 3.5-litre V6 with front and rear electric motors (280)
- **Transmissions.** Six speed auto
- **Base price (incl. destination).** $33,400

Design

The Highlander projects more aggressiveness, but not to the degree that you would confuse if for an off-road-oriented 4Runner or king-size Sequoia wagon. The rest of the body from the hood to the liftgate is more shapely and correctly conveys the sense that the Highlander is a quality piece of work.

Fuel economy

At 10.4 l/100 km in the city and 7.3 on the highway, the front-wheel-drive-only four-cylinder has lower fuel consumption than the all-wheel-drive V6 and allows Toyota to peg the base price at $33,400, including destination charges.

*Limited time 2.9% semi-monthly lease offered through Toyota Financial Services on approved credit to qualified retail customers on all new 2014 Corolla models. First semi-monthly payment due at lease inception and next semi-monthly payment due approximately 15 days later and semi-monthly thereafter throughout the term. Toyota Financial Services will waive the final semi-monthly payment. Semi-monthly lease offers not open to employees of Toyota Canada, Toyota Financial Services or TMMC/TMMC Vehicle Purchase Plan. Some conditions apply. See your Toyota dealer for complete details. Example (applies across Canada except Quebec): 2014 Corolla CE 6M with a vehicle price of $16,415 (includes $1,100 Toyota Canada Lease Assist, which is deducted from the negotiated selling price after taxes, and $1,520 freight/PDI) leased at 2.9% over 60 months with $0 down payment equals 120 semi-monthly payments of $89 with a cost of borrowing of $1,735.85 and a total obligation of $12,369.05. $0 security deposit and first semi-monthly payment due at lease inception. Price and total obligation exclude license, insurance, registration, fees and taxes. 100,000 km allowance for 60 months, with ability to purchase additional kilometres at $0.05/km at time of lease inception, and a charge of $0.07/km for excess kilometres. Dealer may lease for less. †Toyota semi-monthly lease program available on 48 month and 60 month terms. Toyota semi-monthly lease program based on 24 payments per year, on a 60-month lease, equals 120 payments per year, with the final 120th payment waived by Toyota Financial Services. Competitive bi-weekly lease programs based on 26 payments per year, on a 60-month lease, equals 130 payments per year.

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Equus Bass 770 allows fans to dream

$250K US price tag.
Anonymous passionate millionaire built 100 of these gems and the aesthetically pleasing model surprised many at the Detroit Auto Show

AUTO PILOT
Mike Goetz
drive@metronews.ca

By the time Equus Automotive took the stage at the 2014 auto show in Detroit, the press crowd had thinned out appreciably. Getting slot number 32 on a two-day press conference schedule will do that to anyone, especially to an automaker hardly anyone has ever heard of before.

But Equus Automotive managed to make a bit of a buzz at Detroit by the best way possible — by introducing an exciting automobile, and one from left field so to speak.

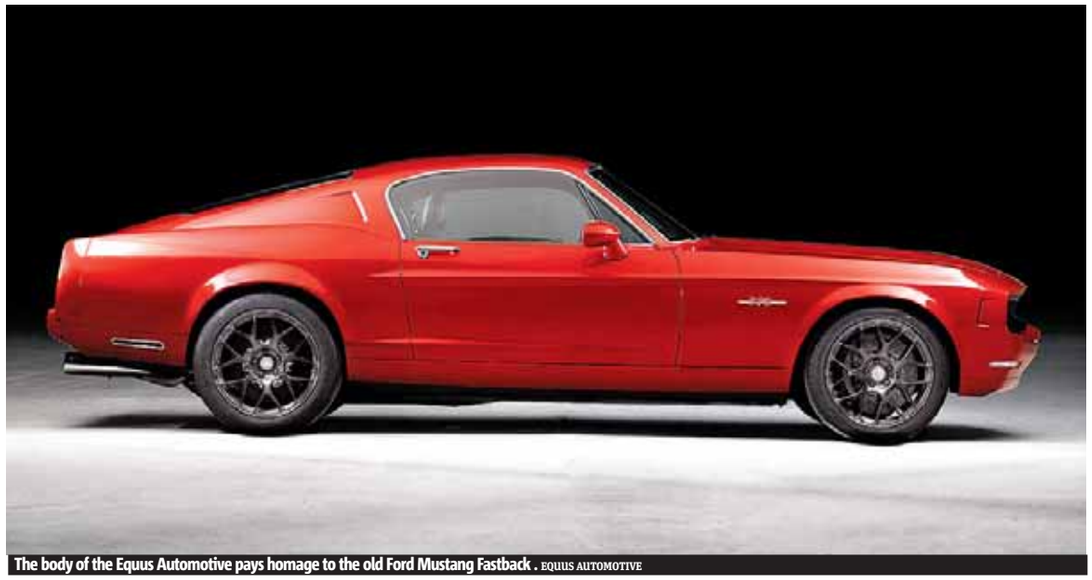
The Equus Bass 770 was touted as the quintessential American Luxury GT. Its overall shape pays obvious homage to the Ford Mustang Fastback, circa 1969, while the front grille and headlight design seems to channel the vibe of the Plymouth GTX or Plymouth Roadrunner, circa 1971.

It has a 640-hp V8 from General Motors, and lots of aluminum construction to keep the weight down.

Not surprisingly, it accelerates real good and tops-out at over 200 mph (321 km/hr). If you want a totally modern car under a body inspired by the golden age of American pony cars, this is your ride — as long as you can plunk down the US$250,000 asking price.

The 25 employees at the Equus factory in Rochester Hills, Michigan, can build about 100 cars a year. So far 20 orders have been placed, all from overseas customers.

Race driver Ian James is the spokesman and ambassador for Equus; he noted the company is owned and bankrolled by a European businessman who has a passion for classic muscle cars but wishes to remain behind the scenes.



The body of the Equus Automotive pays homage to the old Ford Mustang Fastback . EQUUS AUTOMOTIVE

I find it fascinating how these wealthy "car guys" keep doing this — imagining their perfect ride and then setting up a company to build a small number of them. Why don't they just build one from scratch for themselves and forget about all these tooling and development costs?

I guess having a custom-built car is one thing, but having it come to life via a genuine car company, and then have other people confirm your aesthetic by buying some examples, is a level or two better on whatever scale they operate on.

It can't be for business reasons. History has shown that when relatively small companies tool up to build limited-production high-end cars, things tend to go real-bad real-fast in the accounting department. They're up against very high production and design costs, a very limited and fickle market, and not much room for error.

You only had to look at the Detroit press conference held immediately before the Equus event. Henry Fisker's dream to build the Fisker Karma plug-in hybrid went bankrupt this year. VL Automotive, co-founded by industry veteran Bob Lutz, is taking those beautiful but suddenly not-worth-so-much Karma bodies and reformulating them with Corvette V8 engines — basically the same engines in the Equus Bass 770.

But you gotta love guys like Henry Fisker, Malcolm Brickland, Giotto Bizzarini, Alejandro de Tomaso, etc., as well as that unnamed guy behind the Equus Bass 770. They all brought, or bring, passion, interesting stuff, and colour to the automotive landscape.

The interior of this dream car is a beautiful blend of classic and modern.

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Horoscopes

♈ Aries
March 21 - April 20
You may dream of starting from scratch some place new but deep down you know it isn't going to happen. Focus on making the best of where you are and what you have got.

♉ Taurus
April 21 - May 21
You may be determined to discover the truth about something you believe others have been covering up but don't start reading fanciful stuff into situations that are really quite normal.

♊ Gemini
May 22 - June 21
A friendship that has been on a downward spiral will pick up again as from today. You will have to accept that in certain areas you are and always will have different points of view.

♋ Cancer
June 22 - July 23
What you say and do now will determine the level of material and professional success you will enjoy over the next few months. Don't say and do what you think will please those in positions of power. Please yourself first.

♌ Leo
July 24 - Aug. 23
Your aims may seem impractical to some but so what? The approaching new moon will give you a head start on your rivals and no matter how far behind you may be, you will soon be ahead of the pack.

♍ Virgo
Aug. 24 - Sept. 23
Don't fret about how much something is going to cost you. If it is really what you want to be doing then just get on and do it and worry about the financial considerations later.

♎ Libra
Sept. 24 - Oct. 23
Romantic relationships are well starred today. Let the object of your affection know that they are, always have been, and always will be number one in your heart. If you do, the next few days will be extra special.

♏ Scorpio
Oct. 24 - Nov. 22
If your daily routine is too demanding, maybe it's time you did something about it. However, because the changes you make this week are likely to become permanent, make sure you really want them.

♐ Sagittarius
Nov. 23 - Dec. 21
Why are you not getting what you want out of life? If you are honest, you will admit it is because you are spending too much time on things of minor importance. Use your talents!

♑ Capricorn
Dec. 22 - Jan. 20
Help loved ones feel as good about themselves as you feel about yourself. That may be no easy task but it must be done because happiness at home is essential to other things.

♒ Aquarius
Jan. 21 - Feb. 19
The things you think about today are the things you will be doing tomorrow and the day after that, no matter how outrageous some of your thoughts may be!

♓ Pisces
Feb. 20 - March 20
Listen to advice and don't be afraid to act on what you hear. Not everyone is trying to trick you or steal from you, so play down your suspicions and play up to the kind of important people who can help you.

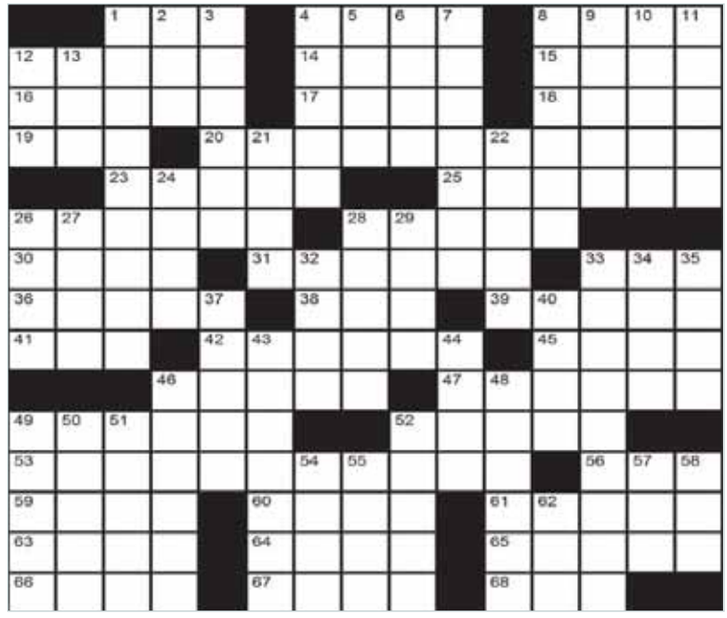
SALLY BROMPTON

Crossword: Canada Across and Down

The last four clues were omitted from yesterday's puzzle. We apologize for the inconvenience. Visit metronews.ca/missingclues.

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



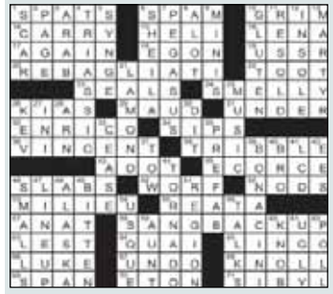
Across

1. Chitchat
4. Magician's prop
8. "Shoot!"
12. Nickname of Prince Charles' first bride: 2 wds.
14. Wing-shaped
15. "__ Beach" by Martha & The Muffins
16. Trunk
17. Doubled Doris Day song word
18. Transport by ocean
19. Whistle blower?
20. Ottawa-born star-of-the-slopes/Olympian: 2 wds.
23. Top-tiered star's spot
25. Health care professionals
26. Turn the key and open
28. Bobby Hull's son
30. Get ready for the trip
31. Detective
33. Shortened home
36. Unflappable
38. Legendary boxing surname
39. Area near Montreal, The South __
41. Languish
42. Former Canadian department store
45. Not much, just _.__
46. Fashion retailer Michelle Obama likes, _.__
47. Charge in the court
49. Quebec Premier, Pauline __
52. Embellishments-less
53. Rural-esque region of Winnipeg
56. Enshrouded
59. Emptiness
60. Ms. Peeples' others
61. Figure of speech
63. Rick's movie beloved
64. Eye part
65. Peter of Herman's Hermits
66. Religious realm
67. Mention
68. Mr. Byrnes of "77 Sunset Strip"

Down

1. Arctic hunting bird which is NWT's official bird
2. Dates not as ancient as BCs
3. It describes Jaime Sommers
4. "Hmmm, I __ aware of that."
5. Baldwin brother
6. Not
7. 1987 movie in which Dan Aykroyd starred as classic TV character Sgt. Joe Friday
8. Sahara __
9. Throbs
10. Big river in Europe
11. Slangy negatives
12. Geography abbr.
13. Cultivate
21. Questions
22. Ms. Buzzi of "Laugh-In", and
24. Tricky Norse deity
26. __-daisy
27. Mr. Berkus, Oprah protege
28. Bruce Greenwood film, "Eight __" (2006)
29. Total
32. Tardy
33. Movie with a big Bryan Adams hit, "__ __: Prince of Thieves" (1991)
34. Country's Mr. Church
35. Paving†stone
37. Mr. B. DeMille
40. "Well, __ _ known that..." (Things would be different now if...)
43. Particular poison
44. Barn's pal
46. Musician Marc
48. Chuck Berry title song lady
49. Christine of Fleetwood Mac
50. '60s tune: "You Really Got _ __ on Me"
51. Lift
52. Western movie search party
54. iPhone's voice-activated helper
55. Serve at the restaurant
57. Highway 'home'
58. Tint
62. Mr. Stewart

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	3		9		4		1	
7								8
		5		7		4		
	7	3		4		1	2	
	6			5			3	
	1	4		9		6	8	
		7		8		2		
6								3
	2		1		7		5	

Yesterday's Sudoku

1	6	5	2	3	7	9	8	4
7	4	3	1	8	9	2	5	6
9	8	2	4	6	5	3	1	7
5	2	4	7	1	3	6	9	8
6	9	1	8	5	2	7	4	3
3	7	8	6	9	4	5	2	1
2	3	6	5	4	8	1	7	9
4	5	9	3	7	1	8	6	2
8	1	7	9	2	6	4	3	5

Today
8°/4°
Rain
90%

Thursday
7°/2°
Showers
80%

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- $200* hotel credit per room
- Plaza Premium Lounge Access^
- Pre-Assigned Seat Selection≠
- Fly Air Canada & Stay with GOGO Worldwide Vacations

New York
from $559
Travel Feb 5 - Feb 12

Honolulu Travel Apr 7 - Apr 17	from $485
Paris Travel Feb 17 - Mar 3	from $995
Rome Travel Feb 19 - Mar 4	from $1029
Tokyo Travel Feb 24 - Mar 10	from $1099
Johannesburg Travel Feb 17 - Mar 5	from $1625

Every destination, every airline, every seat.

Air Canada Flights

Toronto
from $529
Travel Mar 5 - Mar 12

Los Angeles Travel Mar 27 - Apr 3	from $319
Maui Travel Apr 3 - Apr 10	from $465
Miami Travel Apr 1 - Apr 8	from $579
Chicago Travel Mar 4 - Mar 11	from $739
Halifax Travel Mar 18 - Mar 25	from $779

Flights

Cancun
from $485
Travel Mar 4 - Mar 11
Business class from $1069.

London
from $769
Travel Mar 4 - Mar 13
Business class from $3779.

	Economy from	Business from
Las Vegas Travel Mar 8 - Mar 11	$345	$1305
San Francisco Travel Apr 1 - Apr 8	$365	$619
Hong Kong Travel Feb 20 - Mar 6	$825	$3315
Dubai Travel Apr 8 - Apr 23	$1099	$4589
Sydney Travel Mar 25 - Apr 9	$1465	$4715

All-inclusive Packages

Puerto Vallarta
7 Nights 4-Star
from $855
UPGRADE to 5-star accom from $1189.

Riviera Maya
6 Nights 4.5-Star from $955
UPGRADE to 5-star accom from $1249.

Varadero 7 Nights 4-Star from $1035
UPGRADE to 5-star accom from $1345.

Puerto Plata
7 Nights 4-Star from $1059
UPGRADE to 4.5-star accom from $1145.

Los Cabos 6 Nights 4-Star from $1099
UPGRADE to 4.5-star accom from $1425.

Jamaica 6 Nights 4-Star from $1265
UPGRADE to 5-star accom from $1315.

Vacations

Costa Rica
Flights + 7-Day Car
from $919
INCLUDES 7-day car rental with unlimited mileage.

London Flights + 8 Nights from $1285
INCLUDES central accom. BONUS daily breakfast included. UPGRADE to 4-star accom from $1675. ADD hop-on, hop-off tour from $55.

Hawaii

Honolulu
Flights + 7 Nights
from $955
INCLUDES Waikiki accom.
BONUS daily breakfast included.
ADD surfing lessons from $99.

Maui Flights + 7 Nights from $1065
INCLUDES Maui accom. ADD 7-day car rental with unlimited mileage from $115.

Hawaii Flights + 2 Nights + 10-Night Cruise from $1455
INCLUDES flights, Waikiki accom near the beach and cruise sailing Honolulu to Vancouver visiting Kauai, Kona and Hilo.

USA

Las Vegas
Flights + 3 Nights 4-Star + Cirque du Soleil™ Tickets^Ω
from $435
INCLUDES 4-star accom on the Strip. BONUS tickets to a Cirque du Soleil™ or other top rated shows included^Ω. UPGRADE to 5-star accom from $555.

Anaheim Family Special Flights + 3 Nights from $349^◊
INCLUDES accom near theme parks. Price per person based on family of 4. BOOK this package based on double occupancy from $415.

New York Flights + 3 Nights from $675
INCLUDES Manhattan accom.

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*Conditions apply. Ex: Vancouver. All advertised prices include taxes & fees. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. pp=per person. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ◊Price is per person for quad occupancy (2 adults & 2 kids ages 2-17) for total length of stay unless otherwise stated. *$200 hotel credit is per room and valid for a total of 5 nights minimum stay and based on twin/double occupancy except New York which has a 3 night minimum stay. ^Plaza Premium Lounge Access only available in Vancouver, Toronto and Edmonton. ≠Pre-Assigned Seat Selection is free on most routes with the exception of Hawaii, New York, Bangkok and Johannesburg which will require an additional fee. ΩConditions apply. For full details please speak with a Flight Centre consultant or visit www.flightcentre.ca/enquiry/travel-enquiry/vegas. Offer Expires Feb 20, 2014. †We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. BC REG: #HO2790*